



THE TOWNSHIP OF WELLESLEY

At any time, in any place and without any warning, an emergency could happen.

You can't predict when an emergency will occur, BUT you can be prepared.

Use this personal emergency plan kit to get a head start on ensuring you and the people important to you remain safe in the event of an emergency.



WHAT'S YOUR PLAN?

In the Township of Wellesley, we could experience emergencies as diverse and as unpredictable as severe weather, power outages, earthquakes, floods, heat emergencies, water contamination, tornadoes or infectious diseases.

Whether it's a natural or man-made disaster, no one can predict it. **But you can be prepared.**



We ask that you make sure you and the people important to you will be prepared and protected in the event of an emergency. Being ready to take care of yourself and those around you and knowing what to do when a disaster strikes is critical. It will help you control the situation and better enable you to move on to recovery when the emergency passes.

We are pleased to provide this **Personal Emergency Preparedness Guide**. Please take the time to look through this information and to work through the checklists with your family and visit www.township.wellesley.on.ca for additional information that will help you prepare for an emergency.

Take these common sense steps today to ensure you're prepared for what could happen tomorrow.

Contact	Phone Number

Emergency phone numbers

Keep a list of key telephone numbers and addresses near the phone. Remember to use the phone for emergency calls only. If you experience an emergency please call 911.

Your Family Emergency Survival Kit

Your kit should contain adequate supplies to keep you and your family self-sufficient in your home for at least three days. Assemble the supplies in an easy-to-carry container and store it in an easy to get to location in a waterproof storage container, backpack or duffelbag. If you or a family member requires prescription drugs, remember to take them with you if you are forced to leave your home.

In the event of an emergency, keep your radio tuned to the local stations for information about the situation, as well as for information about where you can find shelter or aid if required. Your kit should contain:

..Continued - Your Family Emergency Survival Kit

- ☞ Battery-operated or crank radio
- ☞ Flashlights and extra light bulbs
- ☞ Extra batteries
- ☞ Cash or traveler's cheques
- ☞ Utility knife
- ☞ Rope
- ☞ Shovel
- ☞ Fire extinguisher
- ☞ Tube tent
- ☞ Blankets/sleeping bags
- ☞ Plastic sheeting
- ☞ Candles and matches/lighter
- ☞ Extra car keys
- ☞ Important papers
- ☞ Food and bottled water

Your First Aid Kit

- ☞ Sterile adhesive bandages in assorted sizes
- ☞ 2-inch sterile gauze pads (4-6)
- ☞ 4-inch sterile gauze pads (4-6)
- ☞ 2-inch sterile roller bandages (3 rolls)
- ☞ 3-inch sterile roller bandages (3 rolls)
- ☞ Adhesive tape
- ☞ Triangular bandages (3 rolls)
- ☞ Scissors and tweezers
- ☞ Moistened towelettes
- ☞ Alcohol-based hand cleaner
- ☞ Antiseptic
- ☞ Thermometer

Food and Water Kit Checklist

- ☞ Clothing and footwear (one change per person; more for children)
- ☞ Toilet paper and other personal supplies
- ☞ First aid kit
- ☞ Backpack/duffel bag
- ☞ Plastic garbage bags, ties
- ☞ Disinfectant, chlorine bleach
- ☞ Extra fuel for car, stored in a safe place and in an approved container; not a large quantity
- ☞ Map of area and compass
- ☞ Adjustable wrench, to shut off household gas and water
- ☞ Whistle (in case you need to attract attention)

- ☞ Playing cards, games, paper, pencils
- ☞ Tongue depressors (2)
- ☞ Chemical cold pack
- ☞ Petroleum jelly tube
- ☞ Safety pins
- ☞ Soap
- ☞ Vinyl based (non-allergic) medical examination gloves (2 pair)
- ☞ Sunscreen/mosquito repellent
- ☞ First aid manual
- ☞ Non-prescription drugs (pain reliever, anti-diarrhea medication, antacid, laxative, activated charcoal)

Food should be easy to store with no need for refrigeration. Choose foods that you like and that are pre-cooked, require no cooking, or are cooked easily in little or no water. Store food in screw top jars or sealed containers. Store drinking water in clean, disinfected containers with secure lids.

Rotate and use food and water every six to twelve months. Inspect all food containers for signs of spoilage before use.

Suggested contents for your food kit include:

- ☞ Grain products (cold, dry and hot cereals; bread sticks; rice; couscous; crackers; pretzels; noodles/pasta; pancake mix; rice cakes; melba toast; granola bars; cookies)
- ☞ Meat and alternatives (canned meat and fish; canned soup, stew or pasta with meat; canned beans, peas, lentils; peanut butter; instant refried beans; textured vegetable protein; sunflower seeds and nuts)
- ☞ Nonperishable milk products (skim milk powder; canned evaporated 2% milk; soy, rice; parmesan cheese; packaged or canned pudding; cheese spread)
- ☞ Vegetables and fruit (canned or jarred vegetables and fruits; fruit and vegetable juices; dried fruit; applesauce; tomato sauce)
- ☞ Other foods (canned or packaged meals; hummus and tabbouleh; pasta sauce mixes; bouillon cubes; honey/jam; instant coffee, tea or hot chocolate, non-perishable pet foods)
- ☞ Additional supplies (cutlery; cups; plates; can opener; bottle opener; waterproof matches or lighter; plastic

Car Survival Checklist

Be prepared wherever you go with a survival kit in your car.

Your kit should contain:

- 📁 Cell phone
- 📁 Booster cables
- 📁 A tow chain
- 📁 Warning light or flares
- 📁 Road maps
- 📁 Flashlight
- 📁 Methyl hydrate to de-ice the fuel line
- 📁 Blankets
- 📁 Waterproof matches
- 📁 Extra hats, coats and footwear
- 📁 Ice scraper and brush
- 📁 Rain wear
- 📁 Sand (or kitty litter)
- 📁 Food bars (granola, chocolate, etc.)
- 📁 Candles in a deep can
- 📁 Fire extinguisher

Important Family Documents Checklist

Your important "family documents" kit should contain all the documents you may need in an emergency.

Assemble the documents in a waterproof, portable container and store it in an easy to get to location. Your kit should contain:

- 📁 Insurance policies, contracts, deeds, stocks and bonds
- 📁 Credit card account numbers and companies
- 📁 Inventory of valuable household goods
- 📁 Photos of family members in case you are separated
- 📁 Important telephone numbers
- 📁 Bank account numbers
- 📁 List of prescriptions
- 📁 Immunization records
- 📁 Family records (birth, marriage, death) certificates
- 📁 Passports, immigration papers
- 📁 Social Insurance Numbers

Act now.

We ask that you make sure you and the people important to you will be prepared and protected in the event of an emergency.

Being ready to take care of yourself and those around you and knowing what to do when a disaster strikes is critical. It will help you control the situation and better enable you to move on to recovery when the emergency passes.

Don't wait until it's too late. Use the checklists in this brochure to start your Personal Emergency Preparedness Plan.

Visit www.township.wellesley.on.ca for additional information that will help you plan for an emergency.